



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC GRADE "A" INSTITUTE (CYCLE -1&2)

Approved by AICTE & RCI (DEPwD, MoSJE), Govt. of India

Affiliated to G.G.S.I.P. University & Recognized U/s 2(f) of UGC Act 1956

INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085



Ref. No: TIAS/UHV/2026-27/001

w.e.f: 1st August 2026

Event Calendar 2026-27

S. No	Date	Event / Workshop / Activity	Attendees	Event Outcomes	Mulya Pravah 2.0 Value	UN SDG
01	31/08/26	Faculty Development Workshop on Identifying Student Psychological Concerns	Teaching & Non-Teaching Staff	Building faculty capacity to recognize psychological distress, provide first-level support, and refer students for professional counselling.	Responsibility Compassion	UNSDG 3 UNSDG 4
02	28/09/26	Break Free: Building a Life Beyond Addiction	All Students	Creating awareness about addictive behaviours, their impact on mental well-being, and healthy coping strategies to support informed and responsible choices.	Responsibility Self-Discipline	UNSDG 3
03	01/10/26	Yoga, Mindfulness & Guided Meditation for Stress Management	Students & Faculty	Stress reduction and improved emotional balance	Belongingness Global Citizenship	UNSDG 3
04	02/11/26	Student Well-being & Psychological Support Session	All students	Awareness of counselling support and mental health literacy	Compassion Empathy	UNSDG 3
05	07/11/26	Campaign for Women's Hygiene with Adopted Village	Students & Volunteers	Awareness regarding hygiene, health and social responsibility	Respectfulness	UNSDG 3
06	01/02/27	Expert Talk on Mental Health Literacy followed by Psychological Counseling	Students & Faculty	Awareness of counselling support and mental health literacy	Compassion Empathy	UNSDG 3
07	07/04/27	World Health Day: Health-Tech & Wearable Technology Awareness Workshop	All Students & Faculties	Emerging Technology Awareness	Well-being Responsibility	UNSDG 3 UNSDG9

08	10.04.20 27	Campaign on Say no to Drugs	Students & Volunteers	Encouraging them to understand the physical, mental, social, and legal consequences of drug abuse.	Belongingness Sustainability	UNSDG 3
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Rachin Camy
Nodal Officer, Mental Wellbeing Club
Terna Institute of Advanced Studies
Mathuram Chokk, Palani, Dist:45

Dr. Shalini

UHV In charge

CC to:

1. IQAC

2. Dean (All Departments)

4. HOD – (All Departments)

5. All Nodal Club Incharges, Cells, CoE, T&P, Admin, Accounts, Library

6. ICT Dept., Media Lab For uploading on the website.