



TECNIA INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE
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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085
TIAS NATIONAL SERVICE SCHEME (NSS) CELL
UNIT* - I




Donate Blood
Save Life


Beti Bachao
Beti Padhao


Health
Camps


Tree
Plantation

Report on Health Checkup Camp

Title of Activity*	Health Checkup Camp –04th April 2026
Values	Health Awareness, Humanity, Preventive Care, and Social Responsibility
Learning Outcomes	• Students developed awareness regarding preventive healthcare and the importance of regular medical checkups. • Participants understood the significance of monitoring basic health parameters such as BP, RBS, cholesterol, and dental health. • The camp encouraged students to adopt healthy lifestyle practices and become proactive about personal well-being. • The activity provided an opportunity for students to engage in community health awareness and social service initiatives.
Organized by	NSS Club, TIAS
Program Theme*	Health and Wellness Awareness
External Expert/Internal Expert	Max Hospital, Shalimar Bagh General Physician: Dr. Suraj

Date*	04-04-2026
Time*	10:00 A.M. to 04:00 P.M.
Venue	Multi-Purpose Hall, PG Block, TIAS

Poster/Flyer/Notice*	
Social media link <i>(promoting in any one Facebook/Instagram/Twitter is mandatory)</i>	https://www.instagram.com/p/DWtTl7DAddl/?igsh=dDBjaWQ3Ym1kcjZr
No. of Students* <i>(only no. to be written, list in excel or word should be maintained at department level as proof for any further requirement)</i>	80
No. of Faculty* <i>(only no. to be written, list in excel or word should be maintained at department level as proof for any further requirement)</i>	03
No. of External Participants (students + faculty) <i>[write NA if not applicable]</i>	06 Doctors/Nurses from Max Hospital, Shalimar Bagh
(Geotag) Photograph*	
Photograph of the Event with the Caption	



Staff Member at Health Check-up



BP measurement of Staff Member



Doctor Consultation after check-up



Dental Check-up



Faculty Health Check-up



Student Dental Checkup

Students, Faculty Members and Outside Participants

Report

The Health Checkup Camp held on 04 April 2026 from 9:00 AM to 5:00 PM at Multi-Purpose Hall, Tias was a resounding success, bringing together donors, organizers, and healthcare professionals in a collective effort to address the critical need for Health Check-up Camp in our community.

	The Camp was inaugurated by Dr. Suraj, Dr. Ajay Kumar, Director, Tecnia Institute of Advanced Studies, Dr M N Jha, Dean, Tecnia Institute of Advanced Studies and Dr Shalini Gupta Incharge-Extended Clubs, Ms. Ramika Verma, NSS Club, TIAS. The Health Checkup Camp held on 04 April 2026 at Multi-Purpose Hall, TIAS, was successfully organized by the NSS Club, TIAS, in collaboration with Max Hospital, Shalimar Bagh. The camp aimed to promote health awareness and encourage preventive healthcare practices among students, faculty members, and staff. A team of qualified doctors and healthcare professionals from Max Hospital conducted the health screening efficiently and ensured proper medical guidance for all participants. Free health services including BP check, blood sugar testing, cholesterol testing, and dental consultation were provided. The event witnessed enthusiastic participation from students and faculty members. Participants received personalized medical advice based on their reports and were guided on maintaining healthier lifestyles. The camp proved highly beneficial in raising awareness about preventive health practices and highlighted the importance of timely medical consultation. The NSS Club extends heartfelt gratitude to Max Hospital, Dr. Suraj, healthcare staff, volunteers, and coordinators for making the event successful.
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LIST OF STUDENT COORDINATOR(S)

S.No.	Nameof Coordinator	Course	Sem.	Shift
1.	Naina Dayal	BBA	4 th	2 nd shift
2.	Natasha Kalra	BBA	4 th	2 nd shift
3.	Rudraksh Gupta	BBA	1 st	2 nd shift
4	Dhruv Bhagat	BBA	1 st	2 nd shift
5	Shikha	BBA	4 th	1 nd shift
6	Swayam Khurana	BBA	4 th	1 nd shift
7	Aditya Sharma	BBA	4 th	1 st shift

LIST OF Participants

Date: 4/4/26		REGISTRATION			PLACE:		PANEL (CASH/TPA/GOVT)
SN	FULL NAME	MOBILE	GEN	AGE	FULL ADDRESS		
1	Ritik	9540240241	M	25			
2	Rajesh Kumar	8802510856	M	20			
3	Shreya	8950591213	F	27			
4	Sirwan	9560774879	F	23			
5	Lakshay	9958988381	M	46			
6	Arush	9821456843	M	19			
7	Ketah	7011627047	M	18			
8	Vansh Raj	9599321700	M	18			
9	Harit	8177171102	M	20			
10	Aarti	9815213253	F	33			
11	Uparna	9873555045	F	42			
12	Rahul Vashra	9560123007	M	25			
13	AK Sharma	880339669	F	19			
14	Vanshika	8377979240	F	24			
15	Rohit	7011952317	M	25			
16	Niraj Tan	9560359282	M	23			
17	Ankit	8522171107	M	29			
18	Komal	9352211638	F	23			
19	Piyush	9555470654	M	18			
20	Anu	9953955929	F	35			
21	Alaina	9312210921	F	26			
22	Suzat	9354830079	M	28			
23	SzeKa	9870584474	F	25			
24	Nisha	9354895659	F	32			

Date:		REGISTRATION			PLACE:		PANEL (CASH/TPA/GOVT)
SN	FULL NAME	MOBILE	GEN	AGE	FULL ADDRESS		
25	Rachana Garg	9312181717	F	42			
26	Rajni	9999231499	F	42			
27	Mona K Sin	9718562964	F	45			
28	Rajesh	8802762141	M	51			
29	Ashutosh Pandey	9140128843	M	31			
30	Pargat	9599542262	F	32			
31	Daksh Sharma	9211611244	M	20			
32	Dr. M.N Jha	9873057126	M	64			
33	Kumar Deep Singh	9911780807	M	55			
34	Dr. Salini Gupta	9650870202	F	43			
35	Rishi	9711454748	F	50			
36	Namita	9953087875	F	34			
37	Dipanshu Sharma	8243804002	M	27			
38	Pankhuri	6287266966	F	27			
39	Sushma	9811345933	F	50			
40	Bhawana	9355662075	F	26			
41	Tejaswani	9625100525	F	22			
42	Manasi	9354662414	F	22			
43	Aniket Kumar	9315211791	M	18			
44	Mezhaa	2836914083	F	15			
45	Choshika Nair	9315964332	F	20			
46	Gaurang Mathur	8595208480	M	20			
47	N.K.K	9210509635	M	20			
48	Yashika	995846080	F	20			

