



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC GRADE "A" INSTITUTE (CYCLE-2)

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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085

MANOYOG – MENTAL WELL-BEING CLUB

Report on “Faculty Development Workshop on Identifying Student Psychological Concerns”

Event	Faculty Development Workshop
Type of Activity:	Faculty Capacity Building / Mental Health Awareness
OBE Values	Responsibility, Compassion
Mulya Pravah	Responsibility, Compassion
Global Impact-UNSDG No.	SDG 3 – Good Health & Well-being; SDG 4 – Quality Education
Objectives	• To build faculty capacity to recognize common psychological concerns among students. • To enhance understanding of early signs of psychological distress. • To develop empathetic first-level communication and support skills. • To promote timely referral of students for professional counselling support. • To strengthen a supportive and mentally healthy institutional environment.
Course Mapping	NA
Course Outcome (CO)	NA
BT Level	NA
Expected Outcomes	Enhanced awareness of common psychological concerns; improved ability to identify early warning signs; empathetic communication with students; appropriate first-level support; and timely referral to professional counselling services.
In collaboration/association with	Students Welfare and UHV Cell
Name & Designation details of Resource Person- Internal Expert (LinkedIn Profile Link)	Ms. Ria Kalra, Department of Psychology, Assistant Professor https://www.linkedin.com/in/ria-kalra-033744210/
Name & Designation details of Resource Person- External Expert	NA
Trained counseling expert (LinkedIn Profile Link)/	
Duration (Date & Time)	31 August 2026, 02:30 PM – 03:30 PM

Mode (Offline/Hybrid)	Offline
Venue	Room No. 1311, PG Block, TIAS
No. of Internal Participants	20 +1 Speaker
No. of External Participants <i>[write NA if not applicable]</i>	NA
No. of Institutions Participated	NA
University Representation	NA
Awards/Recognition (if any) (Attach e-copy of Awards/Certificates)	NA

Innovation / Best Practice

The workshop adopted a practical and awareness-oriented approach to faculty capacity building, focusing on early identification of student psychological concerns, empathetic communication, first-level support, and appropriate professional referral. The approach is replicable across departments for strengthening a supportive campus environment.

Feedback:

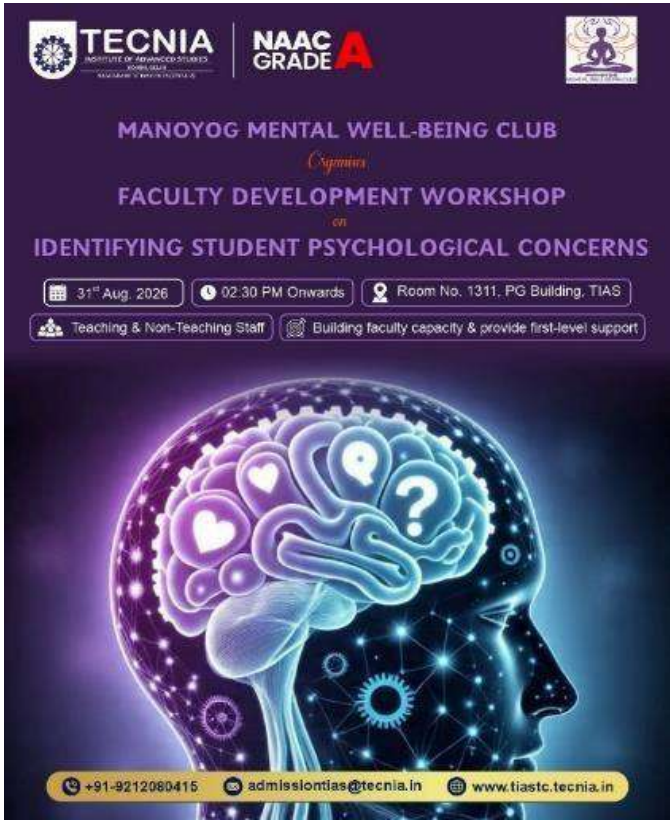
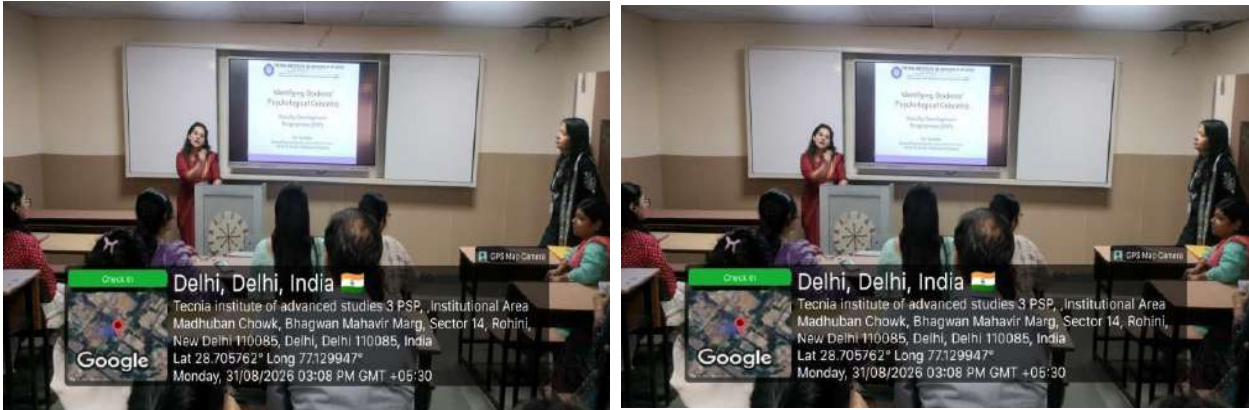
Mode of feedback collection (form / oral / reflection / survey)	Form
Key feedback highlights	Participants gained greater awareness of common student psychological concerns and the importance of early identification, empathetic support and timely referral.
Suggestions for improvement (if any)	To be added, if received

Concluding remarks (s): *(In about 50-100 words)*

The Faculty Development Workshop on “Identifying Student Psychological Concerns” strengthened awareness among teaching and non-teaching staff regarding early identification of psychological concerns in students. The workshop emphasized empathetic communication, appropriate first-level support and timely referral to professional counselling services. The activity contributed to building a supportive institutional environment and promoted the values of Responsibility and Compassion while supporting SDG 3 and SDG 4.

Media Coverage:

Social media link(s) (Mandatory)	https://www.linkedin.com/posts/tecniainstitute_tecniainstituteofadvancedstudies-manoyogmentalwellbeingclub-activity-7500950579532414976-Wx4C?utm_source=social_share_send&utm_medium=member_desktop_web&rcm=ACoAABbjGjoBJmU_wuEN_SzNzHX4Hb2h65
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Print Media evidence (If any)	
Poster / Flyer	
Geotag photos (with Caption)	 Delhi, Delhi, India Tecnia Institute of advanced studies 3 PSP, Institutional Area Madhuban Chowk, Bhagwan Mahavir Marg, Sector 14, Rohini, New Delhi 110085, Delhi, Delhi 110085, India Lat 28.705762° Long 77.129947° Monday, 31/08/2026 03:08 PM GMT +05:30



List of Participants (Attendance Sheet):

S. No.	Name of the Faculty	Program
1	Ms. Rachna Garg	BBA
2	Ms. Meenakshi	Librarian
3	Ms. Shikha Verma	Librarian
4	Ms. Nisha Rai	BBA
5	Mr. Pramod Kumar	Librarian
6	Mr. Pankaj Kumar	Librarian
7	Dr. Shalini	BBA
8	Ms. Ramika Verma	MBA
9	Ms. Sonia Ruhil	MBA
10	Dr. Mriganka	BCOM
11	Mr. Parag Ashta	BBA
12	Ms. Shreya	BBA
13	Ms. Aparna	BBA

14	Dr. Rubeena	BBA
15	Dr. Bharti	BBA
16	Dr. Ruchi Khandelwal	BCOM
17	Ms. Garima Goyal	BBA
18	Dr. Parul Gaba	BBA
19	Ms. Simran	Video Lab
20	Mr. Aashish	Video Lab
21	Ms. Ria Kalra (Speaker)	

Event Coordinator/Club Incharge



Rachna Garg
Nodal Officer, Mental Wellbeing Club
Terna Institute of Advanced Studies
Madhuban Chowk, Rohtak, Distt. Haryana

Ms. Rachna Garg

Incharge, *Mental Well-Being Club*



Parul Gaba
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Dr. Parul Gaba

In/c Students Welfare *Manoyog*