



TECNIA INSTITUTE OF ADVANCED STUDIES

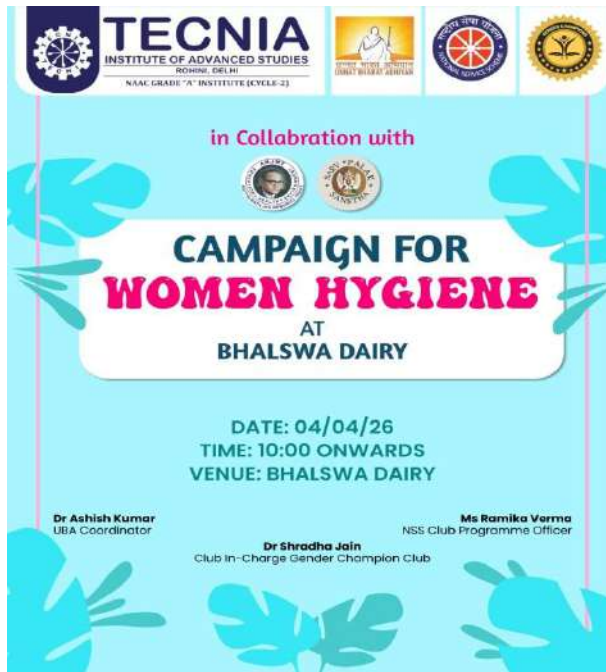
NAAC GRADE "A" INSTITUTE (CYCLE-2)

Approved by AICTE, Ministry of Education Govt. of India,
Affiliated to G.G.S.I.P University & Recognized Under Sec. 2(f) of UGC Act 1956.

INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085

Outreach Report on "Campaign for Women Hygiene"

Title of Activity*	"Campaign for Women Hygiene"
Event – Awareness/Outreach	Outreach
Program Theme*	"Empowering Women Through Hygiene Awareness for a Healthier and Dignified Life"
In association with (Dept./ Centre/ Cells/Clubs/ Committees Name)	A.N.Jha Memorial Trust, Sarvpalak Sanstha.
Objectives	• To create awareness about the importance of personal and menstrual hygiene among women and girls. • To promote healthy practices that prevent infections and improve overall well-being. • To break myths and taboos associated with menstruation through education and open discussions. • To encourage the use of safe and hygienic products such as sanitary pads and proper disposal methods. • To empower women and girls with knowledge and confidence to take care of their health and hygiene.
Mulya Pravah	• Cleanliness • Health Awareness • Dignity & Respect • Equality • Empowerment
UNSDG	• SDG 3: Good Health and Well-being • SDG 5: Gender Equality • SDG 6: Clean Water and Sanitation • SDG 4: Quality Education • SDG 10: Reduced Inequalities
Outcomes with its impact	The campaign enhances awareness of menstrual hygiene, leading to improved health practices and reduced infections. It breaks social taboos, fostering confidence and dignity among women. Increased access to hygienic products promotes equality and well-being. Overall, the initiative empowers women, encourages community participation, and contributes to a healthier, more informed, and inclusive society.
External Expert	Sheela Jain Chairperson-Sarvpalak Sanstha, A.N.Jha Memorial Trust-Dr.Bharat Jha, Ms. Sheela Jain
Internal Expert/Faculty	• Dr. Ashish Kumar-UBA(Coordinator) • Ms. Ramika Verma (NSS Club Programme Officer)

	Dr. Shradha Jain (Club In-charge, Gender Champion Club)
Date	04 April 2026
Time	10:00 am onwards
Venue	Bhalswa Dairy
Social media link	https://www.facebook.com/Tecniaofficial
Poster/Flyer/Notice*	
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	26
No. of Faculty* (only no. to be written , list in excel or word should be maintain at department level as proof for any further requirement)	03
No. of External Participants (students + faculty) [write NA if not applicable]	NA
Geotag Photographs(with Caption)*	



Students participated in Campaign for Women Hygiene in Bhalswa Dairy

Report: Description in (min 250 to max 800 words)*

The “Campaign for Women Hygiene” was successfully organized on 04 April 2026 at Bhalswa Dairy by Tecnia Institute of Advanced Studies in collaboration with NGOs including A.N. Jha Memorial Trust and Sarvpalak Sanstha. The campaign aimed to spread awareness about menstrual hygiene and promote healthy sanitation practices among women in the community.

The event was guided by Dr. Ashish Kumar, along with the support of Ms. Ramika Verma (NSS Club Programme Officer) and Dr. Shradha Jain (Club In-charge, Gender Champion Club). External experts Dr. Bharat Jha and Ms. Sheela Jain contributed valuable insights and actively participated in the awareness session.

Students from BBA, BCA, and BA(JMC) enthusiastically participated in the campaign. They interacted with local women and educated them about menstrual hygiene, the importance of using sanitary products, and maintaining cleanliness to prevent infections. The session also focused on breaking myths and taboos associated with menstruation.

Various awareness methods such as group discussions, demonstrations, and interactive sessions were used to engage participants. Students distributed informative materials and encouraged women to adopt safe hygiene practices. The campaign created a positive impact by increasing awareness and promoting open discussions on women’s health issues.

Despite challenges such as social hesitation and lack of awareness, the campaign was successful in achieving its objectives. It not only benefited the community but also provided students with practical exposure to social outreach activities.

Overall, the campaign was highly impactful and contributed towards building a healthier and more aware society.

Attendance Sheet*

Attached at the end of Report

For Office Use: Notification No.	
Name and Signature of Event Coordinator/Nodal Club Officer/Club In charge(with stamp)	
List of Participants Attached(Separate Page)	

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	Title of the Event/Activity:- Campaign for Women Hygiene	Club Name: NSS
	Date: 04 April 2026	

S.No.	Enrollmrnt No.	Name	Class
1	06717001724	Sakshi Rathee	BBA, VI Sem
2	52817001724	Yash Pal	BBA, VI Sem
3	53217001724	Prakhar	BBA, VI Sem
4	00717001724	Vipul	BBA, VI Sem
5	01517088825	Tamojit Pal	BCom II Sem
6	01617088825	Dharaa Gupta	BCom II Sem
7	02317088825	Tushar	BCom II Sem
8	00117003925	Deepansh	MBA II Sem
9	00817003925	Pankhuri	MBA II Sem
10	03017003925	Mansi Sharma	MBA II Sem
11	03117003925	Tejaswini	MBA II Sem
12	09617002025	Lalita Negi	BCA II Sem
13	03221302024	Gauri aggarwal	BCA IV Sem
14	06017002024	Tanisha Chauhan	BCA IV Sem
15	07317002025	Rupam	BCA II Sem
16	05117002024	Aakash Rawat	BCA IV Sem
17	01821302024	Yashika Rai	BCA IV Sem
18	00217002025	Janya	BCA IV Sem
19	01317002024	Asmita	BCA IV Sem
20	01817002024	Drishti	BCA IV Sem

21	09521302025	Ritika Anand	BCA II Sem
22	10521302025	Silvi Mehta	BCA II Sem
23	03021302025	Nishika	BCA II Sem
24	01421302025	Ridhima Agarwal	BCA II Sem
25	01517002425	Lucky Negi	BAJMC II Sem
26	01221302425	Shivam Sharma	BAJMC II Sem


 Programme Officer, WBS (SFU)
 Technia Institute of Advanced Studies
 Madhuban Chowk, Rohini, Delhi-85

Name and Signature of Event Coordinator/Nodal Club Officer/Club Incharge(with stamp)