



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC GRADE "A" INSTITUTE (CYCLE-2)

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Affiliated to G.G.S.I.P. University & Recognized Under Sec. 2(f) of UGC Act 1956.

INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085

Report on "Awareness activity on BYOB Youth Wellness Partnership Program on 10.02.2026"

Title of Activity*	BYOB Youth Wellness Partnership Program
Event – Awareness/Outreach	Awareness
Program Theme*	Be Your Own Boss
In association with (Dept./ Centre/ Cells/Clubs/ Committees Name)	Gender Champion Club in association with Training and Placement Cell and Student Welfare (ICC)
Objectives	• To create awareness about youth mental and physical wellness. • To encourage students to adopt healthy lifestyle practices. • To promote emotional well-being and stress management strategies. • To foster peer support and partnership among students. • To sensitize students about substance abuse prevention and responsible behavior
Mulya Pravah	Responsibility, Respect and Dignity
UNSDG	Good Health and Well Being (SDG 3), Quality Education (SDG 4), Partnership for the Goals (SDG 17)
Outcomes with its impact	Students understood the importance of holistic wellness and identified stress triggers and adopt coping strategies. They also recognized the importance of mental health awareness and developed a sense of responsibility towards personal well-being that helps in promoting a peer support and positive campus culture.
External Expert	1
Internal Expert/Faculty	Ms. Shradha Jain, Incharge, Gender Champion Club Dr. Monisha, Incharge-Student Welfare Committee
Date	10 th February, 2026
Time	09:30 AM – 12:30 PM
Venue	MPH Hall, PG Building, TIAS
Social media link	

Poster/Flyer/Notice*



No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)

136

No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)

02

No. of External Participants (students + faculty) [write NA if not applicable]

NA

Geotag Photographs(with Caption)*



Students are registering with help of QR code for placement opportunities and goodie bags



Students have got their kits during the awareness activity

Report: Description in (min 250 to max 800 words)*

The “BYOB – Youth Wellness Partnership Program” awareness activity was a meaningful initiative aimed at empowering youth with knowledge and practical tools for maintaining overall well-being conducted by Gender Champion Club. The session successfully fostered awareness, dialogue, and partnership among students, contributing to a healthier and more supportive academic environment. Additionally, representatives informed students about career-oriented opportunities associated with the program. Renowned brands such as Whisper and Gillette extended opportunities for paid part-time roles and campus engagement programs, enabling students to gain practical work experience, financial independence, and professional exposure alongside their academic journey.

Attendance Sheet*

Attached at the end of Report

For Office Use: Notification No.

Name and Signature of Event Coordinator/Nodal Club Officer/Club Incharge(with stamp)

Shradha
Visual Teacher Gender Champion Club
 Technia Institute of Advanced Studies
 Madhuban Chowk, Rohini, Delhi-85

**Ms. Shradha Jain
 Dr. Monisha**

Monisha
Students Welfare Wing
 Technia Institute of Advanced Studies
 Madhuban Chowk, Rohini, New Delhi-85

List of Participants Attached(Separate Page)

List of Participants

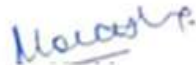
S.No.	Enrollment No.	Name	Course
1	00517088824	Manav Sinha	B.COM[H]
2	00317088824	Tanya Gupta	B.COM[H]
3	03917001724	Simran Relan	BBA
4	00417088824	Devesh	B.COM[H]
5	04217001725	Nandani	BBA
6	05121301725	Archana	BBA
7	05517001723	Gracy Bhayana	BBA
8	35421301724	Vichitra	BBA
9	07017001723	Simran Chawla	BBA
10	06017001724	Kanishka	BBA
11	52917001724	Manvi Gupta	BBA
12	00821301725	Bharti Singhal	BBA
13	05817001725	Charvi Sharma	BBA
14	07517001725	Simran Arora	BCA
15	03817001724	Utsavi	BBA
16	01617001724	Vaishnavi	BBA
17	03717002425	Palavi	BJAMC
18	00817002425	Shine	BJAMC
19	02517002425	Kashish	BJAMC
20	01017002425	Shikha	BJAMC
21	05817001724	Komal	BBA
22	05417001725	Bhumika	BBA
23	00117001725	Sutapa	BBA
24	01417001725	Vashika	BBA
25	52617001724	Angel	BBA
26	06717001724	Sakshi	BBA
27	05217002023	Radhika	BCA
28	35917002023	Tajshree	BCA
29	04517002023	Anisha	BCA
30	07117002024	Ishika	BCA
31	01017001724	Diya	BBA
32	50817001724	Priyanka	BBA
33	50821301724	Chetanya	BBA
34	35217002423	Niyati	BJAMC
35	51017088824	Shreya	B.COM[H]
36	00917088824	Mehak	B.COM[H]
37	35417002023	Ruchika	BCA
38	35917001725	Divanshi	BJAMC
39	02117001725	Tammana	BBA
40	04817001725	Sneha	BBA
41	35117002424	Mehak	BJAMC
42	09217002024	Monika	BBA
43	03717002024	Tashvi	BBA

44	03017003925	Maansi	MBA
45	00617002025	Kashvi	BJAMC
46	00117002425	Aadya	BJAMC
47	06217002024	Vedika	BCA
48	06617002024	Preeti	BCA
49	35717002024	Tanvi	BCA
50	00717088824	Riddhi	B.COM[H]
51	04621301725	Riddima	BBA
52	01117002425	Angel	BJAMC
53	06213002425	Harshita	BJAMC
54	01707002425	Angel	BJAMC
55	00617088824	Suhani	B.COM[H]
56	10221301725	Sakshi	BBA
57	09221301725	Aashka	BBA
58	09021301725	Shivangi	BBA
59	01317001725	Muskan	BBA
60	10817001725	Nancy	BBA
61	10521301725	Yashika	BBA
62	10517001725	Mokshi	BBA
63	36117002423	Kriti	BJAMC
64	70617002423	Ananya	BJAMC
65	01421301723	Harshita	BBA
66	00317003925	Pankhvi	MBA
67	00137003925	Nidhi	MBA
68	00717003925	Vishakha	MBA
69	00157003925	Akshita	MBA
70	00317088824	Gargi	BCA
71	50417088824	Yuval Verma	B.COM[H]
72	01517002023	Kangana	BCA
73	36117002023	Shristi	BCA
74	05121302024	Lakshmi	BCA
75	02821302024	Gudiya	BCA
76	05621302024	Yasmin	BCA
77	03121302024	Soumya	BCA
78	51917001724	Tiya	BBA
79	05217001724	Aarushi	BBA
80	50117001724	Charvi	BBA
81	08817001775	Gauvi	BBA
82	35317001724	Radhika	BBA
83	04617001724	Pari	BBA
84	04417001724	Tashu	BBA
85	01017002425	Riva	BJAMC
86	01521301725	Diksha	BJAMC
87	06020301724	Kriti	BBA
88	03721301724	Nainu	BBA
89	35717002023	Archie	BCA
90	07817002023	Kashish	BCA

91	35717002023	Anjali	BCA
92	02217001725	Devansha	BBA
93	05721302024	Gargi	BCA
94	00721302025	Pranati	BJAMC
95	03317002425	Pratima Gupta	BJAMC
96	02817003925	Tripti	MBA
97	36017002023	Bhumi	BCA
98	32717002023	Paridhi	BCA
99	03221302023	Ekta	BCA
100	03921302025	Ketna	BCA
101	00521302025	Heena	BCA
102	01121302025	Anjali	BCA
103	04921302025	Daanya	BCA
104	01821302025	Geetika	BCA
105	01121304425	Anchal	MCA
106	10217001725	Shreya	BBA
107	07917001725	Maneeshi	BBA
108	00121304425	Mansi	MCA
109	08217001725	Supriya	BBA
110	07017001725	Aanya	BBA
111	11417001725	Gajal	BBA
112	00417003925	Shruti	MCA
113	00417002025	Gazal Bansal	BCA
114	06017002025	Didhita	BCA
115	04017002025	Nishtha	BCA
116	05517002025	Dhriti	BCA
117	05017002025	Kritika	BCA
118	05817002025	Asmi	BCA
119	00517002025	Hiya	BCA
120	02621402025	Kritika	BCA
121	10917001725	Priyanshi	BBA
122	07621032024	Mishti	BCA
123	01321302025	Saboon	BCA
124	00621302025	Haya	BCA
125	11917002025	Mahi	BCA
126	02517002024	Vidhi	BCA
127	05617002024	Soniya	BCA
128	05917002025	Gunjan	BCA
129	02521302024	Ishika	BCA
130	10717002025	Anubha	BCA
131	09917002025	Khushi	BBA
132	02917002025	Srishti	BCA
133	10521302025	Shilvi	BCA
134	06517002025	Mansi	BCA
135	11517002025	Kanika	BCA
136	11518002025	Aasses	BCA


Vocational Teacher Gender Champion Club
Tecnia Institute of Advanced Studies
Madhuban Chowk, Rohini, Delhi-85

Ms. Shradha Jain
Incharge, *Gender Champion Club*


STUDENT WELFARE
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MADHUBAN CHOWK, ROHINI, NEW DELHI-85

Dr. Monisha
In/c Students Welfare