



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC GRADE "A" INSTITUTE (CYCLE-2)

Approved by AICTE, Ministry of Education, Govt. of India, Affiliated to G.G.S.I.P. University
Recognized Under Sec. 2(f) of UGC Act 1956.

INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085

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CULTURAL CLUB

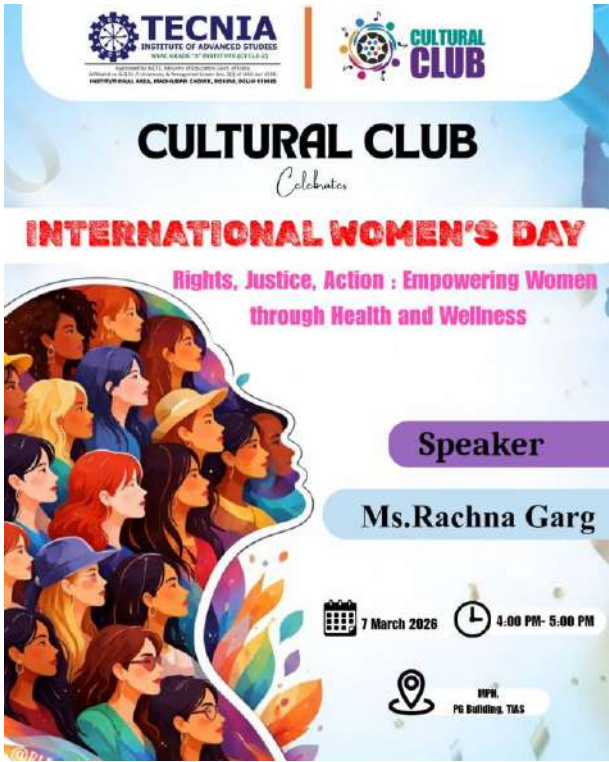


CULTURAL CLUB

Report on "International Women's Day Celebration"

Title of Activity*	International Women's Day Celebration
Event – Awareness/Outreach	Awareness
Program Theme*	Rights, Justice, Action: Empowering Women through Health and Wellness
In association with (Dept./ Centre/ Cells/Clubs/ Committees Name)	Gender Champion Club
Objectives	<ul style="list-style-type: none"> To celebrate International Women's Day and recognize the importance of women's rights and empowerment. To create awareness among students about women's health and wellness. To encourage discussions on gender equality, justice, and social responsibility. To inspire students to contribute towards building a healthy and inclusive society.
Mulya Pravah	Social Responsibility, Empathy and Inclusiveness
UNSDG	SDG 3 – Good Health and Well-being SDG 5 – Gender Equality SDG 10 – Reduced Inequalities
Outcomes with its impact	<ul style="list-style-type: none"> Students gained awareness about women's health, mental wellness, and social rights. The session motivated participants to advocate gender equality and support women's empowerment initiatives. Students developed a deeper understanding of the role of health and well-being in women's empowerment. The activity encouraged dialogue on justice, rights, and actions required to build a gender-inclusive society.
External Expert	-
Internal Expert/Faculty	Dr. Upasana Khurana
Date	7 th March 2026


In-Charge Cultural Club
In-Charge Technical Club
Tecnia Institute of Advanced Studies
Madhuban Chowk, Rohini, Delhi

Time	4:00 PM – 5:00 PM
Venue	MPH, PG Building, Tecnia Institute of Advanced Studies
Social media link	https://www.facebook.com/share/p/18UaDSYW65/
Poster/Flyer/Notice*	
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	-
No. of Faculty* (only no. to be written , list in excel or word should be maintain at department level as proof for any further requirement)	01
No. of External Participants (students + faculty) [write NA if not applicable]	NA
Geotag Photographs(with Caption)*	


In-Charge Cultural Club
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 Madhban Chowk, Rohini, Delhi



An engaging talk on women's health and wellness during the International Women's Day celebration organized by the Cultural Club.

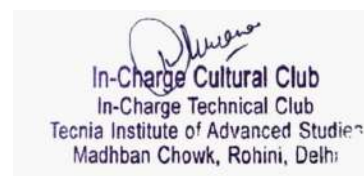


A proud moment as faculty members come together to commemorate International Women's Day,

In-Charge Cultural Club
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reaffirming the commitment to empowerment, equality, and wellness.

Report: Description in (min 250 to max 800 words)*	<p>The Cultural Club of Tecnia Institute of Advanced Studies organized a special awareness session on the occasion of International Women’s Day on 7th March 2026 at MPH, PG Building. The event was conducted under the theme “Rights, Justice, Action: Empowering Women through Health and Wellness.” The objective of the program was to promote awareness about women’s rights, gender equality, and the importance of health and wellness in empowering women.</p> <p>The session was graced by Ms. Rachna Garg, who served as the keynote speaker for the event. She shared insightful perspectives on the challenges faced by women in society and emphasized the importance of physical, mental, and emotional well-being. She highlighted how awareness, education, and collective action play a vital role in ensuring justice and equal opportunities for women.</p> <p>During her address, Ms. Garg discussed various aspects of women’s health and the need to prioritize wellness in everyday life. She also spoke about the significance of creating supportive environments where women can thrive personally and professionally. The session encouraged students to reflect on their role in promoting gender equality and respecting the rights and dignity of women in society.</p> <p>Students actively participated in the interactive discussion and shared their views on issues related to gender equality, social justice, and women’s empowerment. The program provided a meaningful platform for students to understand the importance of advocacy, awareness, and action in building a more equitable society.</p> <p>Overall, the celebration of International Women’s Day proved to be an enlightening and impactful event. It not only celebrated the achievements and contributions of women but also reinforced the importance of health, rights, and justice in empowering women. The Cultural Club continues to organize such initiatives to sensitize students towards social issues and encourage them to contribute positively to society.</p>
Attendance Sheet*	Attached at the end of Report
For Office Use: Notification No. TIAS/CLUB/CC/2025-2026/185/01	
Name and Signature of Event Coordinator/Nodal Club Officer/Club Incharge(with stamp)	Dr. Upasana Khurana
List of Participants Attached(Separate Page)	





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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085


List of Participants

Title of the Event/Activity:- International Women's Day

Club Name: Cultural Club

Date: 7th March, 2026

S.No.	Name of Student	Enrollment no.	Program & Sem	Signature
All the students of Tecnia Institute of Advanced Studies, enrolled across various academic programmes including BBA, B.COM, BCA, BAJMC, MBA, and MCA, actively participated in the event.				


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