



# TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC GRADE "A" INSTITUTE (CYCLE-2)

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Affiliated to G.G.S.I.P University & Recognized Under Sec. 2(f) of UGC Act 1956.

**INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085**

**Report on "Awareness activity on Break the Label on 25.10.2025"**

<b>Title of Activity*</b>	Break the Label
<b>Event – Awareness/Outreach</b>	Awareness
<b>Program Theme*</b>	Theme Beyond Stereotypes
<b>In association with (Dept./ Centre/ Cells/Clubs/ Committees Name)</b>	Gender Champion Club in association with NSS and Student Welfare Committee
<b>Objectives</b>	<ul style="list-style-type: none"><li>• To create awareness about the negative impact of gender-based and social labeling on individuals and communities.</li><li>• To sensitize students toward stereotypes related to gender, appearance, profession, and behavior.</li><li>• To promote critical thinking and self-reflection regarding societal norms and biases.</li><li>• To encourage students to respect diversity, individuality, and inclusion in personal and professional spaces.</li></ul>
<b>Mulya Pravah</b>	Sensitivity, Equality, Respect
<b>UNSDG</b>	Gender Equality (SDG 5), Quality Education (SDG 4)
<b>Outcomes with its impact</b>	Students developed a clear understanding of how labels and stereotypes restrict individual growth and reinforce inequality. They enhanced self-awareness, enabling them to reflect on their own biases and assumptions.
<b>External Expert</b>	NA
<b>Internal Expert/Faculty</b>	Ms. Sonia Ruhil, Incharge, Gender Champion Club Dr. Monisha, Incharge-Student Welfare Committee
<b>Date</b>	25 <sup>th</sup> October, 2025
<b>Time</b>	11:00 AM Onwards
<b>Venue</b>	PG Building, TIAS
<b>Social media link</b>	

Poster/Flyer/Notice\*

**"BREAK THE LABEL"**  
**THEME-BEYOND STEREOTYPES**

**DATE:** 25.10.2025      **TIME:** 11:00 A.M. Onwards

**VENUE:** Room No. 1312, PG Building, TIAS

**Ms. Sonia Ruhil**  
Nodal Officer

<b>No. of Students*</b> (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	20
<b>No. of Faculty*</b> (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	02
<b>No. of External Participants (students + faculty)</b> [write NA if not applicable]	NA



**Geotag Photographs(with Caption)\***



Students engaging in reflective discussion on the impact of gender-based and social labeling.

**Report: Description in (min 250 to max 800 words)\***

The Gender Champion Club conducted an engaging awareness activity titled “Gender Confessions Wall” to challenge deep-rooted stereotypes and social labels associated with gender, identity, appearance, roles, and abilities. Labels imposed by society often limit individual potential and reinforce inequality, discrimination, and exclusion. This activity aimed to create

	<p>awareness among students about the harmful impact of labeling and to encourage them to question stereotypes that normalize bias. The “Break the Label” activity proved to be impactful in transforming abstract concepts of equality and inclusion into meaningful personal reflections. By combining creativity with discussion, the activity helped students internalize the importance of rejecting stereotypes in everyday life.</p> <p>The initiative strengthened the institution’s commitment to gender sensitization and contributed to creating a more open, inclusive, and respectful campus culture. Overall, the “<b>Break the Label</b>” awareness activity successfully created a reflective and empowering space that challenged stereotypes, encouraged self-expression, and promoted inclusive thinking. The activity reinforced the belief that individuals should be recognized for their abilities and values rather than confined by societal labels, thereby strengthening the commitment toward building a more equitable and gender-sensitive campus environment.</p>
<b>Attendance Sheet*</b>	Attached at the end of Report
<b>For Office Use: Notification No.</b>	
<b>Name and Signature of Event Coordinator/Nodal Club Officer/Club Incharge(with stamp)</b>	 <small>Nodal Teacher Gender Champion Club Tecna Institute of Advanced Studies Madhuban Chowk, Rohini, Delhi-85</small> <b>Ms. Sonia Ruhil</b> <b>Dr.Monisha</b> 
<b>List of Participants Attached(Separate Page)</b>	

## List of Participants

S.No.	Enrollment No.	Name of the Beneficiary	Dept./Course
1	01117003925	Mayank	MBA
2	00117001724	Nikunj gupta	BBA
3	01417001724	Krish singh	BBA
4	02117001724	Hamza zafar khan	BBA
5	00517001725	Manav yadav	BBA
6	00617001725	Shubh aggarwal	BBA
7	00917001725	Kashish mehta	BBA
8	01317001725	Muskan	BBA
9	01721301725	Piyush kumar	BBA
10	03217001725	Ghanisht luthra	BBA
11	50117003924	Yuvraj Luthra	MBA
12	35317003924	Shreya Sharma	MBA
13	00517003924	Dev Pratap Singh	MBA

14	01317003925	Nidhi	MBA
15	00217088824	Arpit Bansal	B.Com (H)
16	00317088824	Tanya Gupta	B.Com (H)
17	00717088824	Riddhi Keshri	B.Com (H)
18	00917088824	Mehak Pal	B.Com (H)
19	50217088824	Kashish Chauhan	B.Com (H)
20	51017088824	Shreya Jain	B.Com (H)

  
Nodal Teacher Gender Champion Club  
Tecnia Institute of Advanced Studies  
Madhuban Chowk, Rohini, Delhi-85

**Ms. Sonia Ruhil**  
Incharge, *Gender Champion Club*

  
Students Welfare  
TECNIA INSTITUTE OF ADVANCED STUDIES  
MADHUBAN CHOWK, ROHINI, NEW DELHI-85

**Dr. Monisha**  
*In/c Students Welfare*