

 TECNIA INSTITUTE OF ADVANCED STUDIES <small>GRADE "A" INSTITUTE</small> <small>Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to G.G.S.I.P. University & Recognized Under Sec. 2(f) of UGC Act 1956.</small> <small>INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085</small> TIAS NATIONAL SERVICE SCHEME (NSS) CELL <small>SELF-FINANCING UNIT* - I</small>	
Outreach Activity Report on “Constitution Day”	
Title of Activity	Mera Samvidhan Mera Swabhiman Padyatra
Values	<p>MULYA PARVAH: Constitutional Values Commitment to the spirit of the Constitution. Promoting a sense of brotherhood and unity among all citizens. Ensuring the dignity of the individual and the integrity of the nation.</p>
Learning Outcomes	<ul style="list-style-type: none"> • Participating in the rally will enhance participants’ abilities to work collaboratively and take on leadership roles. • Improved communication and coordination skills through teamwork. • The rally will instil a deeper sense of patriotism and commitment to upholding constitutional values. • A feeling of collective responsibility towards the nation’s progress will be nurtured.
Objectives	<ul style="list-style-type: none"> • To educate participants and the community about the key values, principles, and provisions of the Indian Constitution. • To emphasize the concept of "unity in diversity" and promote harmony among various sections of society. • To encourage participants to take an active role in upholding constitutional values and participating in democratic processes like voting and community service.
Organized by	NSSRD
Program Theme	We, the People Celebrating the Spirit of the Constitution
Internal Expert	NA
Date	25- Nov-2024
Time	06:45 AM Onwards

<p>Venue</p>	<p>From Major Dhyan Chand National Stadium to India Gate New Delhi</p>
<p>Poster/Flyer/Notice/Brochure*</p>	 <p> TECNIA <small>INSTITUTE OF ADVANCED STUDIES</small> <small>WISDOM BETTER KNOWLEDGE A POSITIVE</small> </p> <p> NSSRD is Organizing </p> <p> Mera Samvidhan Mera Swabhiman Padyatra </p> <p> Date: 25- Nov-2024 Venue: From Major Dhyan Chand National Stadium to India Gate New Delhi Time: 06:45 AM </p> <p> Club Incharge: Ramika Verma </p>
<p>Social media link (promoting in any one Facebook/Instagram/Twitter)</p>	<p>NA</p>
<p>No. of Students * (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)</p>	<p>05</p>
<p>No. of Faculty* (only no. to be written , list in excel or word should be maintain at department level as proof for any further requirement)</p>	<p>0</p>
<p>No. of External Participants (students + faculty) [write NA if not applicable]</p>	<p>NA</p>
<p>Photograph*</p>	
<p>Photograph of the Event with the Caption</p>	
 <p>Tree plantation before the Rally Started</p>	 <p>NSS Volunteers participated in Rally</p>

Report:

On **November 25, 2024**, the **NSS Cell of Tecnia Institute of Advanced Studies** took part in the **Mera Samvidhan Mera Swabhiman Padyatra**, a rally organized by the **National Service Scheme Regional Directorate (NSSRD)** to commemorate Constitution Day, which is celebrated on **November 26** annually. The event, held a day prior to Constitution Day, aimed to raise awareness about the Indian Constitution and instill a sense of pride in its principles and values. The rally spanned **5.5 kilometers**, starting at **Major Dhyan Chand National Stadium, Delhi**, and covering several iconic landmarks before concluding back at the stadium.

The rally commenced at **6:45 AM** with great enthusiasm as participants gathered at the Major Dhyan Chand National Stadium. The event began with an inspiring flag-off ceremony where dignitaries and organizers addressed the gathering, emphasizing the significance of the Indian Constitution. They highlighted the values of **justice, liberty, equality, and fraternity**, which form the foundation of the Constitution, and urged participants to embrace their roles as responsible citizens. The rally proceeded along a planned route, passing by notable landmarks such as **Garvi Gujarat Bhavan, Moti Lal Nehru Place, Kartavya Path**, and the iconic **India Gate**. The route was strategically chosen to reflect the democratic spirit and cultural heritage of India's capital city.

One of the key highlights of the event was the **collective reading of the Preamble of the Constitution**, held at India Gate. This activity was a powerful reminder of the guiding principles that uphold the nation's democratic framework. Participants, with the Preamble in hand, stood in unison as they reaffirmed their commitment to the ideals of the Constitution. The activity not only reinforced the values enshrined in the Constitution but also served as a moment of reflection for participants, fostering a deeper understanding of their responsibilities as citizens of India.


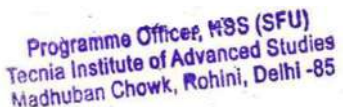
Throughout the rally, participants carried **placards and banners** bearing slogans such as "*Mera Samvidhan, Mera Abhiman*" (My Constitution, My Pride) and "*Justice, Liberty,*

Equality for All.” These messages captured the essence of the rally and drew the attention of passersby, many of whom paused to engage with the participants and learn more about the event. Stops along the route at Garvi Gujarat Bhavan and Kartavya Path featured **short discussions and awareness activities** about the historical significance and contemporary relevance of the Indian Constitution. Volunteers shared insights about the fundamental rights and duties outlined in the Constitution, emphasizing their importance in creating a harmonious and progressive society.

The **NSS volunteers** from Tecnia Institute played a crucial role in ensuring the event’s success. They managed the coordination of the rally, maintained discipline, and assisted in crowd management. Their efforts ensured the smooth execution of the event and contributed to its educational impact. Additionally, they distributed **informational pamphlets** to spectators and passersby, spreading awareness about constitutional values and encouraging greater public engagement. The vibrant energy and dedication of the volunteers were instrumental in making the event a meaningful experience for everyone involved.

The rally concluded back at Major Dhyan Chand National Stadium at approximately **10:30 AM**, where participants gathered for refreshments and a reflection session. This concluding session provided an opportunity for participants to share their experiences and takeaways from the rally. Many expressed their appreciation for the event, describing it as a transformative experience that deepened their understanding of the Constitution and its significance in their lives.

The **Mera Samvidhan Mera Swabhiman Padyatra** achieved several key outcomes. It succeeded in raising awareness about the Indian Constitution and its core principles among participants and the broader public. The rally reinforced the importance of civic responsibilities, inspiring participants to embrace their roles as active and informed citizens. By emphasizing values such as justice, equality, and liberty, the event highlighted the relevance of the Constitution in addressing contemporary challenges and building a united and inclusive society.

	<p>Furthermore, the rally fostered a sense of national pride and unity, bringing together participants from diverse backgrounds to celebrate the democratic ideals that bind the nation together. It provided a platform for participants to engage with the community and spread the message of constitutional awareness, creating a ripple effect that extended beyond the event itself. The enthusiastic participation of youth, especially the NSS volunteers, underscored the role of young people in safeguarding and promoting constitutional values.</p> <p>Overall, the Mera Samvidhan Mera Swabhiman Padyatra was more than just a rally—it was a celebration of India’s constitutional heritage and a call to action for all citizens to uphold its ideals. The event exemplified the spirit of Constitution Day, bridging the gap between citizens and the values that shape the nation. It was a journey not just through the streets of Delhi, but into the heart of India’s democratic principles, leaving a lasting impact on everyone involved. The NSS Cell of Tecnia Institute of Advanced Studies is proud to have been a part of this meaningful initiative and looks forward to contributing to similar events in the future, continuing its mission to promote awareness, unity, and active citizenship.</p>
Attendance Sheet*	<i>Attached at the end of Report</i>
Report Submitted by Convener (write faculty coordinator name)	Ms. Ramika Verma
For Office Use	
Signature of Event Coordinator	 

List of Participants

S.NO	PARTICIPANTS	COURSE
1.	Saksham	BBA
2.	Pranav	BBA

3.	Dev	BBA
4.	Rakshit	BBA
5.	Shubham	BCA