



# TECNIA INSTITUTE OF ADVANCED STUDIES

## GRADE "A" INSTITUTE

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Recognized Under Sec. 2(f) of UGC Act 1956.

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CULTURAL CLUB



# CULTURAL CLUB



 <h1>TECNIA</h1> <p>INSTITUTE OF ADVANCED STUDIES GRADE "A" INSTITUTE DELHI INDIA</p>	
<b>Report</b>	
<b>Title of Activity*</b>	<b>Just A Minute (Extempore), 15<sup>th</sup> ENDEAVOUR - 2023</b>
<b>Values</b>	<ul style="list-style-type: none"> <li>• Expression of Views</li> <li>• Critical Thinking</li> </ul>
<b>Learning Outcomes</b>	<ul style="list-style-type: none"> <li>• Increased Confidence</li> <li>• Critical Thinking Development</li> <li>• Enhanced Communication Skills</li> </ul>
<b>Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*</b>	Cultural Club, TIAS
<b>Program Theme*</b>	The Journey of Self-Expression
<b>External Expert / Internal Expert</b>	-
<b>Date*</b>	09.06.2023
<b>Time*</b>	10:00 AM Onwards
<b>Venue</b>	TIAS Auditorium
<p><b>Poster/Flyer/Notice*</b></p> <p style="text-align: center;">               Coordinator              Internal Quality Assessment Cell (IQAC)              Tecnia Institute of Advanced Studies              New Delhi-110085         </p>	<p style="text-align: center;">               In-Charge Cultural Club ✓              In-Charge Technical Club              Tecnia Institute of Advanced Studies              Madhuban Chowk, Rohini, Delhi         </p>

**TECNIA** DEPARTMENT OF MANAGEMENT SCIENCES  
INSTITUTE OF ADVANCED STUDIES PRESENTS MANAGEMENT ACADEMIC FEST  
GRADE "A" INSTITUTE  
DELHI INDIA

**15<sup>TH</sup> ENDEAVOUR 2023**

DAY | DATE | MONTH | TIME  
FRIDAY | 09 | 06 | 10:00 A.M.

Venue  
**MPH, PG Building**

Students Coordinator:  
Laksh Kaur: 9650441851  
Priyanka Singh: 9653923983  
Priyank Jain: 9870999070  
Sonal: 9650520040

Convener: Dr. Monisha  
Co-Convener: Dr. Sheenu Arora

1. Business Plan Competition  
2. Business Model Canvas  
3. Synthesis  
4. Shark Tank  
5. Quizzing  
6. Case Study Competition  
7. Trademark  
8. Con-Content  
9. Celebration  
10. Quiz Competition

**Social media link** (promoting in any one Facebook/Instagram/Twitter is mandatory)

[www.tiaspg.tecnia.in](http://www.tiaspg.tecnia.in)

**No. of Students\*** (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)

08

**No. of Faculty\*** (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)

1

**No. of External Participants (students + faculty)**  
[write NA if not applicable]



Express one's own view point spontaneously

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Report: Description in (min 250 to max 800 words)\*

## Introduction

The ability to express views effectively and engage in critical thinking is fundamental in today's complex world. These skills are not only essential for personal development but also for professional success. This report explores the interconnectedness of expression of views, critical thinking, increased confidence, critical thinking development, and enhanced communication skills. The expression of views refers to the ability to articulate one's thoughts, opinions, and beliefs clearly and effectively. This skill is vital in various contexts, such as academic discussions, workplace environments, and social interactions. The ability to express oneself helps individuals advocate for their ideas, engage in debates, and contribute to discussions meaningfully. When individuals articulate their views, they undergo a process of self-reflection, which fosters a deeper understanding of their beliefs and values. This self-reflection can lead to greater awareness of different perspectives, encouraging open-mindedness and empathy. Furthermore, expressing views publicly can strengthen personal convictions and clarify thoughts, making it an essential component of intellectual growth. Critical thinking is the disciplined process of actively analyzing, synthesizing, and evaluating information. It involves questioning assumptions, identifying biases, and drawing logical conclusions. This skill is essential for effective problem-solving and decision-making in both personal and professional settings.

Critical thinkers approach problems with an open mind, willing to consider alternative viewpoints and solutions. This flexibility enhances their ability to navigate complex situations, making informed decisions based on evidence rather than emotion. Additionally, critical thinking fosters creativity, as individuals learn to connect disparate ideas and generate innovative solutions.

The relationship between expressing views and increased confidence is significant. When individuals practice articulating their thoughts,

  
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they become more assured in their beliefs and abilities. This increased confidence can manifest in various ways, including improved participation in discussions, willingness to take on leadership roles, and greater resilience in the face of criticism.

Confidence is not only crucial for personal satisfaction but also plays a pivotal role in professional success. Confident individuals are more likely to seize opportunities, network effectively, and present their ideas persuasively. As they engage in discussions and debates, their self-assuredness encourages others to listen and respect their viewpoints, further reinforcing their confidence.

In conclusion, the expression of views, critical thinking, increased confidence, critical thinking development, and enhanced communication skills are interrelated components that contribute to personal and professional growth. The ability to articulate thoughts clearly and engage critically with information fosters self-awareness and promotes open-mindedness. As individuals develop these skills, they become more confident in their abilities, enhancing their capacity to navigate complex situations and contribute meaningfully to discussions.

*g*  
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*Sonia*  
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 Technia Institute of Advanced Studies  
 Madhban Chowk, Rohini, Delhi

**Resource Person Profile**

Faculty members of TIAS

**Attendance Sheet\***

*Attached at the end of Report*

**Feedback**

*Sample feedback Attached at the end of Report*

<b>Report Submitted by Convener</b> ( <i>write faculty coordinator name</i> )	Ms. Sonia Batra
<b>For Office Use</b>	
<b>Signature of Event Coordinator</b>	<b>Signature of School/Department Head</b> (With Seal)
<b>List of Beneficiary</b>	Attached

Just A Minute (Extempore)			
S.No.	Name	Enrollment No.	Institute Name
1	Ishita	09921301721	TIAS
2	Jyoti	11621301721	TIAS
3	Manvi	00121301721	TIAS
4	Ronak	01521301721	TIAS
5	Aditya Pawar	09621301721	TIAS
6	Sahil Gupta	13821301721	TIAS
7	Shreejan Dwivedi	00721301721	TIAS
8	Garima	09217002422	TIAS

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