



# TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC ACCREDITED GRADE "A" INSTITUTE  
 Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to G. G. S. I. P. University & Recognized Under Sec. 2(f) of UGC Act 1956.



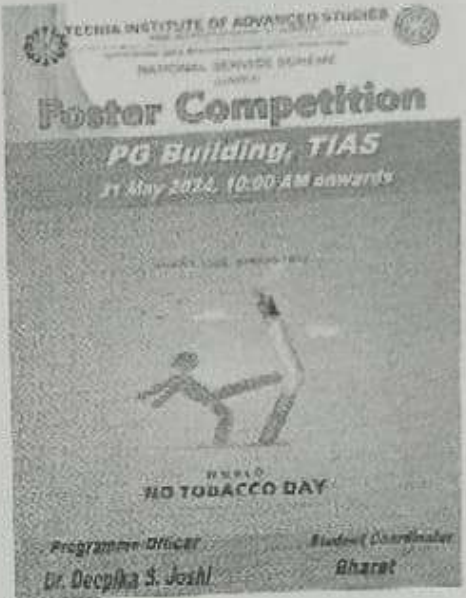
INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085  
**TIAS NATIONAL SERVICE SCHEME (NSS) CELL**  
 SELF-FINANCING UNIT - I




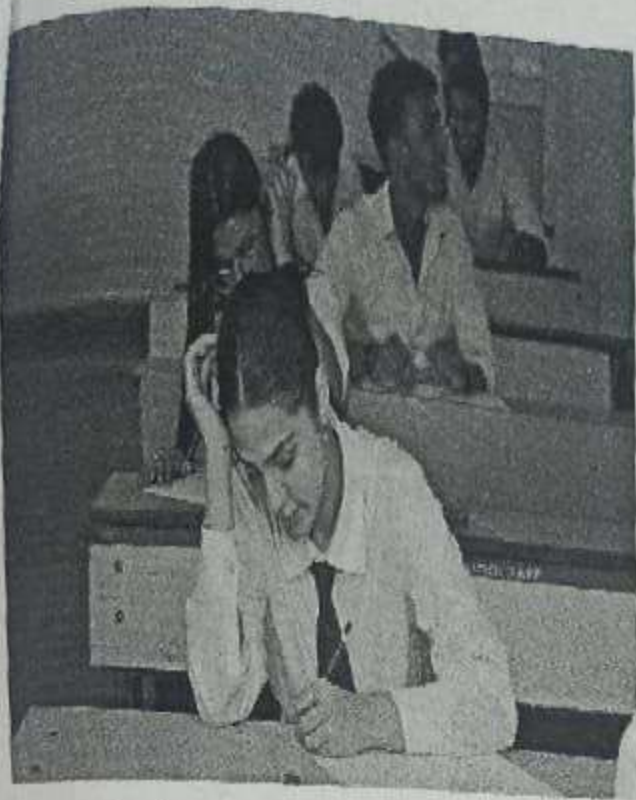
## Report on "Poster Competition on No Tobacco Day"

<b>Title of Activity*</b>	No Tobacco Day
<b>Values</b>	<ul style="list-style-type: none"> <li>• Generate publicity and provide information</li> <li>• Made posts about health and hygiene</li> </ul>
<b>Learning Outcomes</b>	<ul style="list-style-type: none"> <li>• Posters designed by students can have a greater impact on the message and provide students with an immediate, effective, direct, relevant and visual way to inform other students, friends and family about the harmful effects of smoking and encourage them to quit smoking.</li> <li>• Through this program, students will become aware of the increasing incidence of asthma, meningitis, respiratory diseases such as bronchitis, cough and cold, and infant mortality.</li> <li>• Implement a smoke-free campus and make students aware of the harmful health effects of smoking.</li> <li>• To publicize tobacco free activities and their importance which are voluntarily done by students working under NSS.</li> </ul>
<b>Objectives</b>	<ul style="list-style-type: none"> <li>➤ To highlight the health risks associated with Tobacco use</li> <li>➤ Our anti-smoking posters deliver affordable, fast, effective, prevention solutions for students.</li> <li>➤ Poster competition is a platform where students learn about the side effect of Smoking</li> </ul>

*(Signature)*  
 Programme Officer, NSS (SFU)  
 Tecnia Institute of Advanced Studies  
 Madhuban Chowk, Rohini, Delhi -85

Organized by	National Service Scheme
Program Theme	Say No to Tobacco
Internal Expert	Dr. Deepika Joshi
Date	31 <sup>st</sup> May 2024
Time*	11:00 PM - 03:00 PM
Venue	PG Building, Technia Institute of Advanced Studies
Poster/Flyer/Notice*	
Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	NA
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	12
No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	01
No. of External Participants (students + faculty) [write NA if not applicable.]	NA

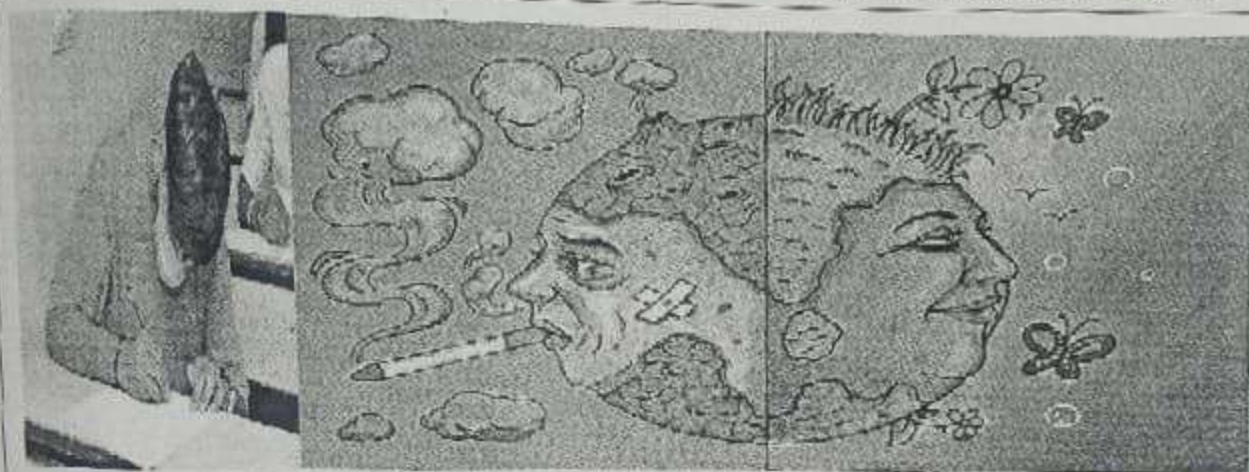
  
 Programme Officer, NSS (SFU)  
 Technia Institute of Advanced Studies  
 Mathurda Chowk, Rohini, Delhi - 85



Students Designing Their Posters



Posters Designed by Students at Tecnia



Students Designing Their Posters

Report

Programs of Postgraduate Studies (PGU)  
 Tecnia Institute of Advanced Studies  
 Main Building, Rohini, Delhi - 85

Tecnia National Service Scheme organized a poster competition on 31st May 2024. The participants were from various RBA, MBA, MCA and BA (JMC) courses of Tecnia Institute of Higher Education and the students were enthusiastic. The main objective of the event was to showcase the hidden talent of the students. Students showed their talent through posters where they expressed their feelings in the form of sketches, cartoons, quotes etc. This was the first event ever held at Tecnia Institute of Higher

Education and it gave the best platform to all the students. All students participated enthusiastically and performed well. Tecnia Institute of Advanced Studies, an institute specialized in management, journalism and IT reputation, is committed to playing an important role in creating positive behavioral changes in individuals and groups towards a smoke-free campus. TIAS believes that each of us can play an important role in achieving the goal of "Quit Tobacco" by observing and implementing it in our personal lives. The link between tobacco and disease is clear, as are the dangers of secondhand smoke and nicotine, and young people need to hear this message early and often. Avoid that you can give the best of your heart; diseases, cancer, stroke, respiratory diseases and many other diseases."

By designing posters with anti-smoking messages, students learn about the dangerous chemicals in cigarettes and how smoking is addictive and linked to many health problems. Winning posters will further spread these key messages when they are distributed for display at TIAS

Resource Person

NA

Attendance Sheet\*

Attached at the end of Report

Report Submitted by Convener (write faculty coordinator name)

Dr. Deepika Joshi

For Office Use

Signature of Event Coordinator

List of Participants

S NO	Name of Student	Course
1	DEEPAK	MBA
2	NISHA MANDAL	MBA
3	SANCHIT JAIN	MBA
4	Kangna Gothwal	BBA
5	MOJIB SARHARWAL	BCA
6	KHUSHI VERMA	BCA
7	YASHIKA RAWAT	BA (JMC)
8	PRAGYANSH TIWARI	BA (JMC)
9	BHARAT	BBA
10	NANCY	BBA
11	NISHITA	BBA
12	RIA KOCHER	BBA

Programme  
Tecnica Institute of Advanced Studies  
Mashubani Chowk, Noida, Delhi - 85