

7.1.9 - Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens

Education is necessarily a process of transmitting and nurturing values among the learners and equips them to lead satisfying and accomplished life. Institute has embedded the academic, cultural, professional and ecological values since its inception.

Some special features of institute's value inculcation programmes are as follows:

Impactful first assembly: The academic day starts with the Thought of the Day, Business Confabulation in first assembly. Inspiring thought of the day is shared by the students with direct or indirect message for peace, compassion, harmony, patriotism and good conduct. For nurturing personal wellbeing and wholesome development of student's personality, Yoga sessions are organized by institute and also business confabulation to create awareness about the domain specific contemporary developments (invention, discoveries, innovation) taking place.

Value Education through Curriculum: Most of programs have included Universal Human Values i.e. peace, human values, value education, environment education, yoga, health and personality as part of their curriculum and co-curriculum with a view to improve the personality of learners and inculcate cherished values of present time. For wider exposure and deep insight in human values, deliberations of experts in form of guest lecture series, panel discussions, symposia & seminars and national and international conferences are organized.

Value beyond classroom: Institute feels that Value Education is neither a piece of knowledge nor a concrete map of skills acquisition. This is basically an endeavor of 'faith' and 'conviction'. Hence student's self-involvement makes a big difference. Departments of Institute are making all out efforts to motivate their students in constructive, positive and meaningful activities. NSS volunteer's team and faculty we try to create congenial atmosphere for nurturing human values. We impart education through displaying value based movies (Bharat Ek Khoj), documentaries, Youtube presentations and ppt's followed by quizzes and brain storming sessions. Inter institute cultural and technological competitions, performing arts, painting, photography, food making, flower decoration, music and debate competitions, Kavi-Sammelan, competitions in Games and sports, field visits, Industrial Visit, educational tours are the activities where students get ample chances to project their talents and imbibe the values like self-confidence, self-awareness, self-reliant, self-esteem, hard work, dedicated involvement, dutifulness and work with perfection and practice professional ethics.

NSS has organized campaigns on 'Say no to Drugs and intoxication', 'Swachhata Abhiyan', Sadak Suraksha Abhiyan through Rallies and Nukkad Natak, Community Development Programmes for awareness on health and nutrition, campaign for safety against commonly occurring diseases (COVID-19, Dengue, Malaria, Chickengunia and campaign on health and hygiene. In every planting season, Institute volunteers undertakes plantation drive and ties water pots for birds with a view to nurture the values like clean and green environment and love for the birds, the beautiful creation of nature.

To sensitize the student on the above Institute regularly undertakes visit to Biodiversity park and butterfly garden to appraise students about the scope of life-individual, family, society and nature.

A Universal Human Values Cells and Ethics Committee is functional in the institute. This committee organizes activities to inculcate human values and ethics among students and enable them to contribute effectively to the society as a responsible global green citizen.



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC ACCREDITED GRADE "A" INSTITUTE

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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085

TIAS NATIONAL SERVICE SCHEME (NSS) CELL

SELF-FINANCING UNIT* - I



Donate Blood
Save Life



Beti Bachao
Beti Padhao



Health
Camps



Tree
Plantation

Ref.:

Date:

Report

Event : Republic Day Celebration
Convener : Dr. Kirti Miglani
Participation : BBA
Date : 25th January, 2021
Venue : Virtual Platform
Timing: : 10:00 am onwards

OBJECTIVES OF THE EVENT:

- To spread awareness about the Constitution of India.
- To create awareness about the Fundamental Duties and to ensure that every citizen must follow it systematically.
- To mark the Day when Indian Constitution came into force.
- The prime objective is to generate a patriotic mood, promote the rich cultural diversity of the country, and ensure the wider participation of the general public.

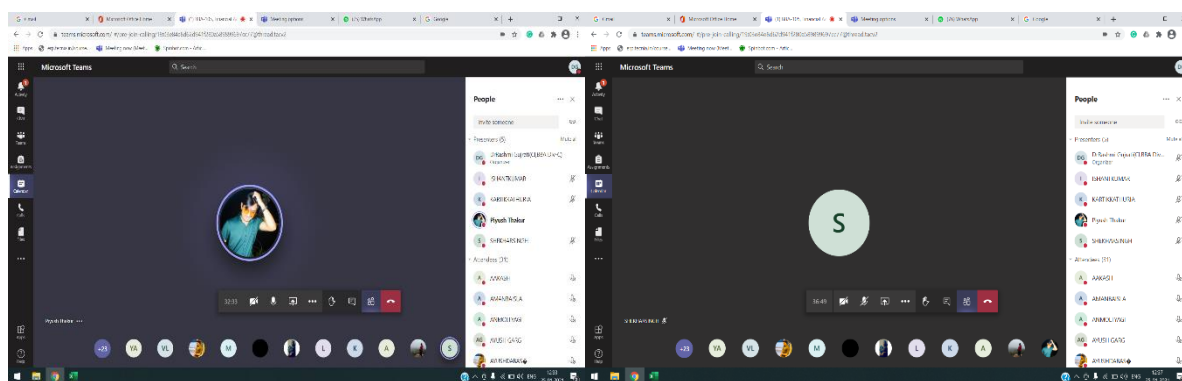
Republic day was celebrated at TIAS through online mode on 25th January 2021. The celebration was commenced with a warm welcome of Tecnia students who were gathered, full of patriotism and love for their country.

The program began with a student's performance in Poetry Writing. Then Dr. Sheetal Badesra addressed the gathering. She read the preamble which highlighted the importance of the Constitution and its unique features such as India as a Sovereign, Socialist, Secular, and Democratic, and Republic state. She gave a heartening speech that gave an insight into the various accomplishments achieved by college and motivated the crowd for bringing more laurels to the college through their accomplishments.

Republic Day is celebrated on January 26 every year to remember the day when the Constitution of India came into effect after India gained independence after a very long freedom struggle. A salute of 21 guns and the unfurling of the Indian National Flag by Dr. Rajendra Prasad heralded the historic birth of the Indian Republic on that day. Thereafter 26th

of January was decreed a national holiday and was recognized as the Republic Day of India. Ever since the historic day, January 26 is celebrated with festivities and patriotic all around the country.

The celebrations inaugurate with a grand parade is held in the capital, New Delhi, from Raisina Hill near the Rashtrapati Bhavan (President's House), along the Rajpath, past India Gate, and on to the historic Red Fort. The event begins with the Prime Minister of India laying a wreath at the Amar Jawan Jyoti at India Gate, commemorating all the soldiers who sacrificed their lives for the country. Soon, a 21gun salute is presented, the President unfurls the National Flag and the National Anthem is played. This marks the beginning of a series of magnificent parades by the Indian Army, Navy, Air Force, police, and paramilitary forces. All the states of India showcase their culture, uniqueness by building beautiful tableaux. It is a day of rejoicing and merry-making.



Students Reciting Poem

Learning Outcome

- Students were made aware of the Fundamental Duties.
- Students were encouraged to follow fundamental Duties systematically.
- This event set an example for the coming generations to know about the Constitution of India.

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**LIST OF BENEFICIARIES
REPUBLIC DAY**

S.NO	NAME	SEMESTER	SHIFT
1	DESHIKCHAWLA	BBA 1st Semester	Morning -B
2	LATIKASAINI	BBA 1st Semester	Morning -B
3	KARTIKSINGH	BBA 1st Semester	Morning -B
4	RIYAGUPTA	BBA 1st Semester	Morning -B
5	HARSHRAJPUT	BBA 1st Semester	Morning -B
6	RIYABHATIA	BBA 1st Semester	Morning -B
7	DINESH KUMAR ABROL	BBA 1st Semester	Morning -B
8	ABHISHEKKAUSHIK	BBA 1st Semester	Morning -B
9	KHUSHISHARMA	BBA 1st Semester	Morning -B
10	DIVYANSHUSHARMA	BBA 1st Semester	Morning -B
11	DEEPAKSARIN	BBA 1st Semester	Morning -B
12	DEVENRAWAT	BBA 1st Semester	Morning -B
13	SANYAGUPTA	BBA 1st Semester	Morning -B
14	PREETISHARMA	BBA 1st Semester	Morning -B
15	YASHJAIN	BBA 1st Semester	Morning -B
16	DEEPANSHUSHARMA	BBA 1st Semester	Morning -B
17	ANANYAKHURANA	BBA 1st Semester	Morning -B
18	HIMANSHIMESSON	BBA 1st Semester	Morning -B
19	MANISHAPHALSWAL	BBA 1st Semester	Morning -B
20	YANAANAND	BBA 1st Semester	Morning -B
21	KANAKKAUSHIK	BBA 1st Semester	Morning -B
22	YASHIKAJAISAWAL	BBA 1st Semester	Morning -B
23	RISHABH ASHAT	BBA 1st Semester	Morning -B
24	KARTIKJINDAL	BBA 1st Semester	Morning -B
25	TUSHARBINDAL	BBA 1st Semester	Morning -B
26	JAGRITBAWA	BBA 1st Semester	Morning -B
27	DEEPANSHUSACHDEVA	BBA 1st Semester	Morning -B
28	PALAKKEDIA	BBA 1st Semester	Morning -B
29	ABHAYSHARMA	BBA 1st Semester	Morning -B
30	VIDHISHARMA	BBA 1st Semester	Morning -B
31	YASHPRIYE	BBA 1st Semester	Morning -B
32	HARSHITGUPTA	BBA 1st Semester	Morning -B
33	MANAN SACHDEVA	BBA 1st Semester	Morning -B
34	UJJWALMAHESHWARI	BBA 1st Semester	Morning -B
35	NIDHISINGH	BBA 1st Semester	Morning -B
36	VIPUL GAUTAM	BBA 1st Semester	Morning -B
37	YAJURSUKHIJA	BBA 1st Semester	Morning -B
38	NAMAN WASSON	BBA 1st Semester	Morning -B
39	DEEPAK DUHAN	BBA 1st Semester	Morning -B
40	VANSHIKA GARG	BBA 1st Semester	Morning -B
41	PUSHP	BBA 1st Semester	Morning -B
42	TUSHARMUNJAL	BBA 1st Semester	Morning -B
43	ANIKETHOODA	BBA 1st Semester	Morning -B

44	OM MADNANI	BBA 1st Semester	Morning -B
45	HARSHITA NARANG	BBA 1st Semester	Morning -B
46	SHEKHARSINGH	BBA 1st Semester	Morning -B
47	RISHABHJHA	BBA 1st Semester	Morning -B
48	JATINGOYAL	BBA 1st Semester	Evening- C
49	AMANBAISLA	BBA 1st Semester	Evening- C
50	RHYTHM WADHWA	BBA 1st Semester	Evening- C
51	DEEPANSHI	BBA 1st Semester	Evening- C
52	KALANI POOJA	BBA 1st Semester	Evening- C
53	PRITISHJAIN	BBA 1st Semester	Evening- C
54	KRITINAGPAL	BBA 1st Semester	Evening- C
55	VIKAS MISHRA	BBA 1st Semester	Evening- C
56	AYUSHREESWAMI	BBA 1st Semester	Evening- C
57	PIYUSHGUPTA	BBA 1st Semester	Evening- C
58	ISHANTKUMAR	BBA 1st Semester	Evening- C
59	BINKLELUTHRA	BBA 1st Semester	Evening- C
60	HARSHITA PAL	BBA 1st Semester	Evening- C
61	MANAV SEHGAL	BBA 1st Semester	Evening- C
62	DAKSHDOGRA	BBA 1st Semester	Evening- C
63	GAGAN ADWANI	BBA 1st Semester	Evening- C
64	YASH BHAGERIA	BBA 1st Semester	Evening- C
65	AYUSH GARG	BBA 1st Semester	Evening- C
66	KHUSHI ASOPA	BBA 1st Semester	Evening- C
67	KUSH CHAUHAN	BBA 1st Semester	Evening- C
68	AYUSH GOYAL	BBA 1st Semester	Evening- C
69	PRATHAM SAHNI	BBA 1st Semester	Evening- C

Report

Event : Online Workshop on Menstrual Health and Hygiene

Date : 7th April, 2021

Time : 4:30 pm onwards

Venue : Virtual Platform

Participants : MBA,BBA , BA (J&MC), BCA

No of Benefirices: 100

Link : <https://www.youtube.com/watch?v=KfL0fy-RVa8>



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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085



TIAS NATIONAL SERVICE SCHEME (NSS) CELL



Organizes

World Health Day(Online Workshop
on Menstrual Health and Hygiene)

Departments: MBA, BBA, BA(J&MC) & BCA



Time: 4:30 pm onwards

Platform: <https://bit.ly/3ux49Qa>



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Dr. Kirti Miglani
NSS Nodal Officer, TIAS
New Delhi




AICTE and Art of Living jointly launch Training Calendar of 64 Online Workshops on "Menstrual Health and Hygiene"
 for **12000 adolescents Girls** studying in AICTE approved Institutions across India.
2nd August 2021 (Monday) | 4.30 PM

Programme will be launched jointly by


Prof. Anil D. Sahasrabudhe
Chairman AICTE


Ms. Nishtha Satyam
Deputy Country Representative, UN Women India Office


Madhu Rao
Chairman, The Art of Living


Prof. M. P. Poonia
Vice Chairman, AICTE


Prof. Rajive Kumar
Member Secretary, AICTE





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 National Service Scheme (NSS)
 SELF-FINANCING UNIT-1
 Ministry of Youth Affairs and Sports
 GOVT. OF INDIA



Minute to Minute Programme
Online Launch of Training Calendar of 64 Online Workshops on 'Menstrual Health & Hygiene'
 (Organised Jointly by AICTE & The Art of Living)
02nd Aug 2021 (Monday) – 4.30 PM

Sl. No	Order of Program	Time
1	Welcome Address by Prof. Rajive Kumar, Hon'ble Member Secretary, AICTE, New Delhi	4:30 PM – 4:35 PM
2	Introduction about the workshops on "Menstrual Health & Hygiene" by Shri Rajeev Nambiar, National Director – Programs, NTC, The Art of Living	4:35 PM – 4:40 PM
3	Address by Prof. M. P. Poonia, Hon'ble Vice Chairman, AICTE, New Delhi	4:40 PM – 4:50 PM
4	Launching of the Training Calendar of 64 Online Workshop on "Menstrual Health & Hygiene" jointly by Prof. Anil D Sahasrabudhe, Hon'ble Chairman, AICTE, Ms. Nishtha Satyam, Deputy Country Representative, UN Women India Office and Shri Madhu Rao, Chairman, The Art of Living	4:50 PM – 4:52 PM
5	Address by Prof. Anil D Sahasrabudhe, Hon'ble Chairman, AICTE, New Delhi	4:52 PM – 5:05 PM
6	Address by Shri Madhu Rao, Chairman, The Art of Living	5:05 PM – 5:15 PM
7	Address by Ms. Nishtha Satyam, Deputy Country Representative, UN Women India Office	5:15 PM – 5:30 PM
8	Vote of Thanks: Dr. Amit Kumar Srivastava, Director (Student Development Cell), AICTE, New Delhi	5:30 PM – 5:35 PM

***NOTE:- All the Faculties and girls students are Mandatory to attend the webinar on 02nd Aug 2021 at 4:30 P.M.**
 Join Us:- <https://bit.ly/37ezAUI>

Learning Objectives:

- To make females are aware of the normal phenomenon of menstruation and menstrual health and hygiene management while eliminating social taboos.
- Help them abide by healthy eating and physical fitness lifestyles.
- Inculcate a sense of confidence, pride, and honour in being a female.

Report

This talk was well received by faculty and students and they have highly benefited. The valuable exposure to Menstrual Health and Hygiene has benefitted our participants to improve their health and hygiene in this pandemic period. The session was initiated with the welcome address by Prof. Rajiv Kumar. Thereby introduction to the workshop was given by Rajeev Nambiar. Then launching of 64 Online Workshop on Menstrual Health and Hygiene

Jointly by AICTE Chairman and Art of Living Chairman was held. Then ACITE Chairman Prof. Anil D Sahasrabudhe address the audience.

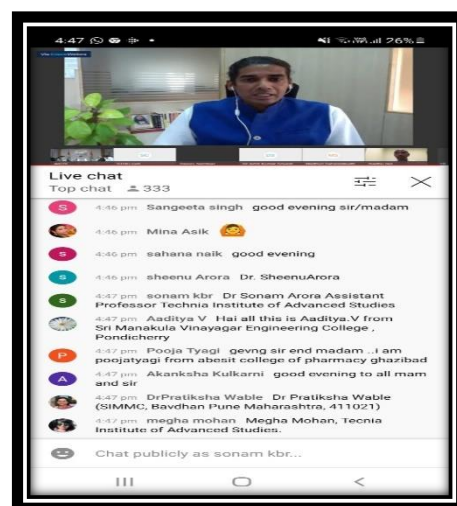
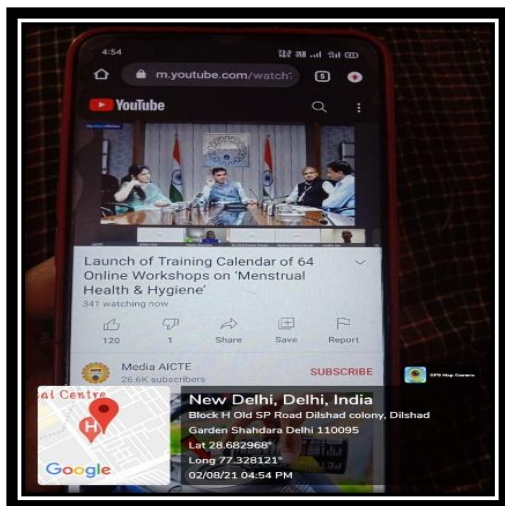
Menstruation is still considered a taboo subject in Indian society. Even today, the cultural and social influences on the people create a major hurdle in ensuring that adolescent girls are given proper knowledge on menstrual hygiene. The mothers are reluctant to talk about this topic to their daughters, and many of them lack scientific knowledge on puberty and menstruation. And even if they know, the women in India rarely approach a doctor to seek help for the menstrual problems they are facing.

The silence around this natural phenomenon in the communities combined with limited to no access to information regarding this subject both at home and in schools has resulted in the girls and women living in these areas having no knowledge about menstruation and the changes that happen in their bodies with its onset every month, how to deal with it and good menstrual hygiene practices.

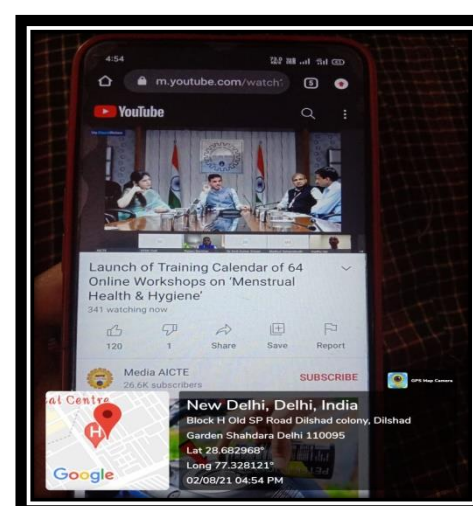
Menstruation is associated with the onset of puberty in girls and many times, it brings with it rules, restrictions, isolation, and changed expectations from the girls by society. This changed attitude towards girls such as restrictions on their self-expression, schooling, mobility, and freedom has far-reaching consequences on the mindset of women.

The physical changes that occur during puberty and the lack of safe, hygienic menstrual practices have created a complex, heavy silence around this natural physiological phenomenon. Therefore, a positive attitude towards menstruation and menstrual practices needs to be inculcated in the girl child at the onset of menarche.

The unhygienic menstrual practices followed by girls/women would often lead to increased vulnerability to RTI's, PID's and other complications. Therefore, good menstrual hygiene is crucial for the health, education, and dignity of girls and women. It is important to make menstrual hygiene a part of health education for the girl child.



Photographs during the session



Photographs during the session



Photographs during the session

The session ended with a vote of thanks by Dr. Amit Kumar Srivastava Director (Student Development Cell).

Learning Outcomes

- It is an initiative for enhancing adolescent girl's menstrual health and hygiene.
- The vision of the project is to empower girls with knowledge and awareness on menstrual hygiene
- It aims to create a sustainable change in menstrual hygiene practices.
- It is hoped that better health status and quality of life would be achieved amongst girls through sensitization programs.
- The project aims to generate awareness amongst adolescent girls about menstrual health and hygiene via sensitization programs in rural areas and urban slums.
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LIST OF BENEFICIARIES

S.NO	PARTICIPANTS	COURSE
1.	MUSKAN	BCA
2.	RISHIKA ARORA	BCA
3.	ANISHA SHARMA	BBA
4.	DHWANI AGGARWAL	BBA
5.	ANSHIKA KHER	BBA
6.	NAMYA GANDHI	BBA
7	DIKSHA WADHAWAN	BBA
8	DHWANI AGGARWAL	BBA
9	DIYA SURANA	BBA
10	ISHIKA BHANDARI	BBA
11	ISHITA SAKLANI	BBA
12	JIYA CHORARIA	BBA
13	APEKSHA NEGI	BBA
14	HARDIKA ANAND	BBA
15	KRITI VERMA	BBA

16	MEGHA	BBA
17	AYUSHI GOEL	BBA
18	NATASHA GUPTA	BBA
19	CHAHAT BHARTI	BBA
20	MONISHA GUPTA	BBA
21	NEHA KUMARI MANDAL	BBA
22	RIA KOCHER	BBA
23	RIYA JAIN	BBA
24	DIVYA PARMAR	BBA
25	SAKSHI SAJNANI	BBA
26	SAUMYA SHARMA	BBA
27	SIMRAN GANDHI	BBA
28	SHREYA MANGLA	BBA
29	TEJASWINI SHARMA	BBA
30	VANSHIKA MITTAL	BBA
31	BHAVYA JAIN	BBA
32	VANSHIKA VERMA	BBA
33	BHAVAY BALI	BBA
34	MEHAK GOEL (GUEST)	BBA
35	CHAHAT DARYANI	BA(J&MC)
36	ANSHITA SHARMA	BA(J&MC)
37	AARTI SHARMA	BA(J&MC)
38	AASTHA GAUR	BA(J&MC)
39	ANUSHKA TOMAR	BA(J&MC)
40	ASTHA SURI	BA(J&MC)
41	VANSHIKA NEGI	BA(J&MC)
42	MUSKAN	BA(J&MC)

43	DIKSHA WADHAWAN	BA(J&MC)
44	AAKRITI SETHI	BA(J&MC)
45	SHRUTI	BA(J&MC)
46	GARIMA SHARMA	BA(J&MC)
47	ANSHIKA NEGI	BA(J&MC)
48	YASHIKA RAWAT	BA(J&MC)
49	IRA SHARMA	BA(J&MC)
50	ISHIKA TAYAL	BA(J&MC)
51	SRISHTIGUPTA	BA(J&MC)
52	ISHIKA KAPOOR	BA(J&MC)
53	KHUSHI PRUTHI	BA(J&MC)
54	KAVITA KUMARI	BA(J&MC)
55	BHAWYA GARG	BA(J&MC)
56	KHYATI LUTHRA	BA(J&MC)
57	SHRUTIJAIN	BA(J&MC)
58	YASHYADAV	BA(J&MC)
59	VANSHIKABANSAL	BA(J&MC)
60	SHRUTIBHANDARI	BA(J&MC)
61	PAESHA	BCA
62	TISHA AGGARWAL	BA(J&MC)
63	VAANYAKANSAL	BA(J&MC)
64	TANISHQAGUPTA	BA(J&MC)
65	JIYA CHORARIA	BA(J&MC)
66	TANYA GERA	BA(J&MC)
67	TANISHQ	BA(J&MC)
68	KASHISH MALHOTRA	BCA
69	RIYA PRABHAKAR	BCA

70	KUSUM YADAV	BBA
71	MUSKAN DHAMIJA	BCA
72	NEHA KUMARI	BCA
73	KHUSHI GAUR	BCA
74	AARCHI SINGAL	BCA
75	MEGHA	BCA
76	RICHA YADAV	BCA
77	RIA KOCHER	BCA
79	SAKSHI SAJNANI	BCA
80	TRIPTIKHNADLWAL	BCA
81	LAKSHITA	BCA
82	KANIKA GOYAL	BBA
83	TANISHA KANDOI	BCA
84	RIYA JAIN	BCA
85	NATASHA GUPTA	BCA
86	NAMYA WADHWA	BCA
87	MALIKA ANEJA	BCA
88	KANISHKA	BCA
89	MEHAK PARNAMI	BCA
90	KOHIMA SHARMA	BCA
91	MANEESHA	BBA
92	KRITI VERMA	BBA
93	LAKSHITA SHARMA	BBA
94	KASHISH AZMANI	BBA
95	JANVIE VERMA	MBA
96	AANCHAL	MBA
97	SHIKHA	MBA

98	ANAM AHEMD	MBA
99	DIVYA	MBA
100	MUSKAN AGGARWAL	MBA

List of Beneficiaries

S.No	Name of Faculty
1	Dr. Garima
2	Ms. Ambooj
3	Dr. Ashutosh Bajpayee
4	Rinku Sethi
5	Ms. Sania Kukkar
6	Dr. Varun Kumar
7	Dr. Sheenu
8	Mr. Rahul Tripathi
9	Dr. Namita
10	Dr. Sonam
14	Ms. Antika
15	Ms. Ritika