



**TECNIA INSTITUTE OF ADVANCED STUDIES**  
**GRADE "A" INSTITUTE**


Approved by AICTE, Ministry of Education, Govt. of India, Affiliated to G.G.S.I.P. University  
Recognized Under Sec. 2(f) of UGC Act 1956.

**INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085**  
Tel: 91-11-27555121-24, E-Mail : directortias@tecnia.in, Website: www.tiaspg.tecnia.in



**Regular Health Checkup**

<b>Title of Activity*</b>	Regular Health Checkup
<b>Values</b>	The Energy Centers or Chakras In The Spinal Cord Or The Central Nervous System Gets Synchronized With The Divine Cosmic Energy For The First Time.
<b>Learning Outcomes</b>	<ol style="list-style-type: none"><li>1. Acquired Relevance of Creating Hygiene of The Tooth</li><li>2. Acquired Knowledge of The Diseases Related to Dental Issues</li><li>3. Attained Awareness That Help Find Potential Issues Before They Become a Problem</li></ol>
<b>Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*</b>	FIT INDIA CLUB
<b>Program Theme*</b>	"Healthy Habits Haven"
<b>External Expert / Internal Expert</b>	Dr. Sarika Jain
<b>Date*</b>	28.03.2022
<b>Time*</b>	10:00 AM onwards
<b>Venue</b>	DDA Community Hall, Rohini

  
Coordinator  
Internal Quality Assessment Cell (IQAC)  
Tecnia Institute of Advanced Studies  
New Delhi - 110085

Poster/Flyer/Notice\*

Dr. Sarika Jain, Senior Dental Surgeon,  
Bhagwan Mahawir Hospital, Rohini, Delhi



**No. of Students\*** (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)

61

**No. of Faculty\*** (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)

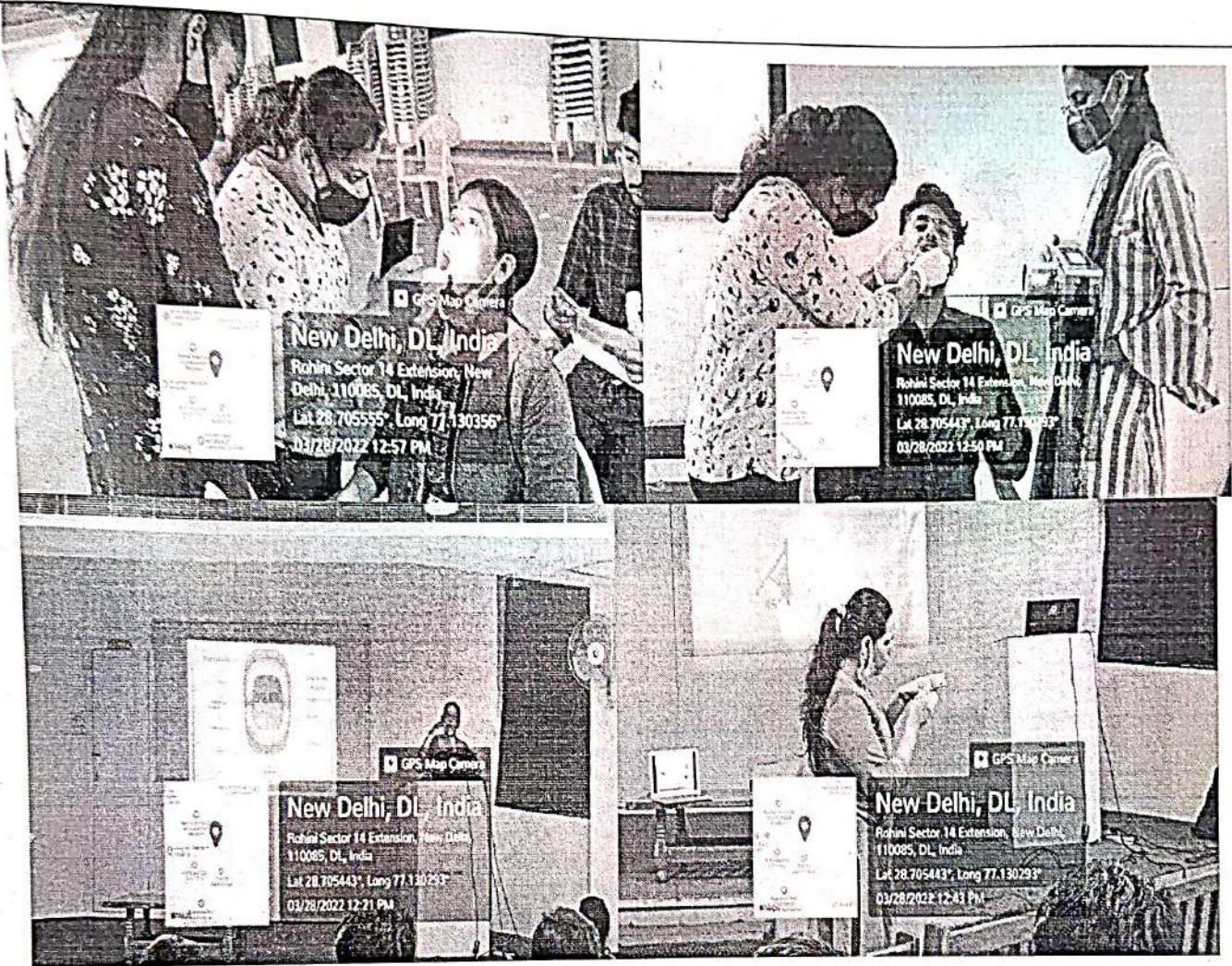
01

**No. of External Participants (students + faculty)**  
[write NA if not applicable]

05

**(GEOTAG) Photograph\***

  
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**Report**

REPORT This activity has been organized by the Fit India Youth Club of Tecnia Institute of Advanced Studies on 28.03.2022 in continuation of UGC's letter no 1-54/2019 (Website/Fit India) dated 13th December, 2019 regarding the implementation of "Fit India Campaign" in Higher Educational Institutions. In this event, Dr. Sarika had generated the awareness about the diseases one can suffer from bad toothache, teeth etc. All the participants (students and faculties) enjoyed this event and were glad that these types of events were organised in the institution where they can learn something about the infections that they can suffer if they will not take care of their teeth and grow

*[Signature]*  
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	themselves. This event generated awareness in the students and faculties of the Tecnia Institute of Advanced Studies about the dental ache diseases students are suffering and can suffer by not taking care. The main aim was to provide emotional concern for the students to build their mental health and to create awareness through this event.
Resource Person Profile	Dr. Sarika jain
Attendance Sheet*	Attached at the end of Report
Report Submitted by Convener (write faculty coordinator name)	Mr. Nitin Yadav
<b>Nodal Officer, Fit India Youth Club</b> Tecnia Institute of Advanced Studies Department Head Dehli Chowk, Rohini, Delhi -85	
For Office Use	
Signature of Event Coordinator	Signature of School Department Head (With Seal) <u>Nitin</u>
List of Participants	

FIT INDIA YOUTH CLUB REGULAR HEALTH CHECK UP DATE: 28.03.2022			
S.NO	ENROLLMENT NO	NAME	COURSE
1	14221301720	YASHIKA GUPTA	BBA
2	35221301720	DEEPANSHI	BBA
3	14917001719	SIDDHARTH KAPOOR	BBA
4	35321301720	DEEPANSHU RAHEJA	BBA

  
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5	35421301720	GAGAN ADWANI	BBA
6	35521301720	HARSHIT GARG	BBA
7	35721301720	KHUSHI ASOPA	BBA
8	35717001719	KANISH SIDHAR--	BBA
9	10617001720	RIYA PASRICHA	BBA
10	08517001720	NAMAN WASSON	BBA
11	35921301720	NIPUN BHAREJA	BBA
12	36021301720	RAMANDEEP SINGH	BBA
13	35817001719	RITHIK BANSAL BANSAL	BBA
14	36221301720	RITIK MALHOTRA	BBA
15	11717001720	SIDDHARTH JAIN	BBA
16	36321301720	SAJAL GARG	BBA
17	12717001719	JAHNVI NAYYAR	BBA
18	12817001719	TANYA AILAWADI	BBA
19	00221302420	AGAM JINDAL	BAJMC
20	01721302420	AYUSH SINGH	BAJMC
21	06217002420	PRIYAL SHARMA	BAJMC
22	01821302420	BHAVYA SINGH	BAJMC
23	06617002420	RAHUL ALEX R DASS	BAJMC
24	01921302420	DEEPANSHU SHARMA	BAJMC
25	06917002420	RISHABH DIWAN	BAJMC
26	07517002420	SAKSHI BHAYANA	BAJMC
27	02021302420	DHRITI PASRICHA	BAJMC
28	08117002420	SARTHAK KOTHARI	BAJMC
29	02121302420	DHRUV MATHUR	BAJMC
30	02221302420	DIPANSHI BHATIA	BAJMC

31	08617002420	SHRUTI JAIN	BAJMC
32	02321302420	DIVYANSHU MISHRA	BAJMC
33	09317002420	VAIBHAV MUDGAL	BAJMC
34	02421302420	DIYA JAIN	BAJMC
35	02521302420	FREYA UPPAL	BAJMC
36	02621302420	GEET SHARMA	BAJMC
37	09617002420	VANSH GROVER	BAJMC
38	01117002020	AYUSHI PANWAR	BCA
39	02217002020	ISHIKA GULATI	BCA
40	00117002020	ABHISHEK MALHOTRA	BCA
41	00217002020	ABHISHEK ROY	BCA
42	00917002020	ARCHIT CHAWLA	BCA
43	01317002020	DEEPANSHI BANSAL	BCA
44	01917002020	HARSH TANWAR	BCA
45	02217002020	ISHIKA GULATI	BCA
46	02317002020	ISHTI JAIN	BCA
47	03117002020	PRIYANSHI JAIN	BCA
48	03417002020	RIYA GUPTA	BCA
49	03817002020	SHRISH KASHYAP	BCA
50	04117002020	SUDIPTO BHUKTA	BCA
51	04317002020	UJJWAL	BCA
52	04417002020	VASU JAIN	BCA
53	35117002020	ABHINAV JAIN	BCA
54	00317002021	VEDANT KUMAR	BCA

55	01017002021	MAYANK CHAUDHARY	BCA
56	01317002021	DEV NALWA	BCA
57	01517002021	PUNEET KUMAR	BCA
58	08821301719	DEEPALI BISHT	BBA
59	08921301719	RAGHAV TYAGI	BBA
60	08521301720	OM GUSAIN	BBA

  
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